

- \* Lactose = Total sugars
- Folic acid = Folate
- △ Fluorine = Fluoride
- Vitamin D values are best estimates, as reported in either IU or µg. 1 IU = 0.025µg
- Reconstituted milk powder - calculated as 30g / 250ml

## REFERENCES

1. SMIT LE, SMITH N, SCHÖNFELDT HC & HEINZE PH. 1998. *The nutritional content of South African Milk and Liquid Milk Products*. Dairy Industry Centre, ARC-Animal Nutrition and Animal Products Institute, Irene.
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4. US DEPARTMENT OF AGRICULTURE, Agricultural Research Service. 1998. USDA Nutrient database for Standard Reference, release 12. Nutrient data Laboratory Home page, <http://www.ars.usda.gov/nutrient-data> (Last update, May 2008).
5. HOLLAND B, UNWIN ID & BUSS DH. 1989. Milk products and eggs. The fourth supplement to McCane & Widdowson's *The Composition of Foods* (4th Edition). The Royal Society of Chemistry and Ministry of Agriculture, Fisheries and Food.
6. SAYED N, FRANS Y & SCHÖNFELDT HC. 1999. *Composition of South African Foods*. Milk & Milk Products, Eggs, Meat & Meat products. SAFCOD. Medical Research Council.
7. As per calculated value.

(-) = Missing values.



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